

## Broken Bread

break the wonder bread  
break that fast the hallowed hollow  
hum of a hum of a hungry human  
hunger's humiliation  
a burning fast  
still breaking slow  
still breaking wonder  
bread for broken people  
heating people eating hot  
food breaking broken glass  
theories raise cracked glasses  
*let them eat cake*  
box of cake mix for a buck  
drops of canola for dimes  
a family can survive on a box of cake  
let's eat grandma whole family  
Uncle Ben Aunt Jemima Mammy jar of cookies  
save the crusts save the cookies  
a whole family survives on a box  
of cake maximize calorie intake  
eat the cake we let them  
*don't save the cook*  
just desserts for unjustly deserted  
errant nomads of food deserts  
emerging scents and emergencies  
alchemy cooking  
in fire pit hearth kitchens  
another supper of dried  
split pea curry bubbling  
stewing in a spit polished pot  
crushed with black pepper

we used to crush lavender in blunts for burns  
we used to simmer warm comfort food for burns  
we used plastic bags of frozen peas for burns  
we made a balm of pulsed lentils for burns

*don't let them eat* the blood  
begins to cake  
constructed malnutrition  
loss of vision body attrition  
broken fast food broken plates  
news feed the force  
burn hearts  
burn neighborhoods  
force feed the fire